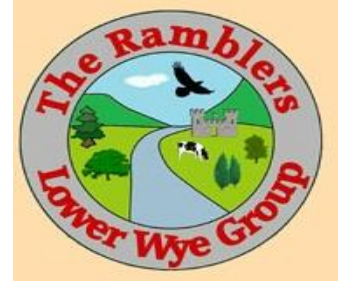




**y cerddwyr  
ramblers cymru**



# **LOWER WYE GROUP**

# **WALKS PROGRAMME**

**October 2016–March 2017**

**wrth galon cerdded  
at the heart of walking**

Mae Cymdeithas y Cerddwyr yn elusen cofrestredig, (rhif Cymru a Lloegr: 1093577, rhif yr Alban SC039799) ac yn gwmni cyfyngedig trwy warant, wedi ei gofrestru yng Nghymru a Lloegr (rhif cofrestru'r cwmni 4458492). Swyddfa Cofrestredig Cymdeithas y Cerddwyr: Ail lawr, Tŷ Camelford, 87-90 Giannau Albert, Llundain, SE1 7TW.

The Ramblers' Association is a registered charity (England & Wales no 1093577, Scotland no SC039799) and a company limited by guarantee, registered in England & Wales (no 4458492). Registered office: 2nd floor, Camelford House, 87-90 Albert Embankment, London SE1 7TW.

# GENERAL GUIDANCE NOTES

Please read these notes before walking with the Lower Wye Ramblers. Even those who have been members for many years are recommended to refresh their memories.

*These guidelines are given to improve both the safety and enjoyment of our walks.*

**Meeting Points:** We meet in the car park at Chepstow Leisure Centre (CLC). Additional meeting points are Raglan School (RS) or Dixton roundabout Monmouth (DR) – indicated on individual walks.

**Departure:** You should be early enough to leave at the stated departure time.

**Safety:** All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members being the paramount concern, accidents may occasionally occur. It is important that each member appreciates that they should identify any hazards and take all reasonable steps to eliminate or minimise the potential for an accident to arise.

**Dress:** Suitable clothing and footwear must be worn. Leaders have the right to refuse to allow inadequately equipped persons to join a walk.

**Food:** Bring adequate food and drink to suit the length of the walk and the time of year.

**Start Point of Walk:** Where possible, the start point of the walk is given, but please contact the walk leader if you wish to go directly to the start point.

**Cars:** Car sharing is encouraged and passengers are requested to pay a levy for mileage costs as set out in the table below.

**Non-Members:** Non-members are welcome to join 2 or 3 walks free of charge. If they wish to continue after this, they will be expected to join the Ramblers Association.

**Grades of Walks:** Grades are decided by leaders to help you, but they can only be a guide. Contact the leader if you need more information about the degree of difficulty and the terrain.

- E Easy - leisurely and mostly flat; easy gradients/slopes
  - M Moderate – will usually include some short climbs
  - M+ Moderate plus – will have longer or steeper climbs, as described in the walk description
  - S Strenuous – more challenging, often with stiff climbs over rough terrain; good fitness level required
- The length of the walk is given in miles and is combined with the grading (e.g. 5 E = 5 miles Easy and 10 S = 10 miles strenuous).

All walkers participate in any walk at their own risk. If in doubt of your fitness to participate in any walk, please ring the leader, who will be happy to tell you about the walk. In bad weather, the leader may have to change the route of the walk or even cancel the walk.

## GUIDELINES FOR WALK LEADERS

- 'Recce' the walk beforehand
- Carry a relevant OS map in case you have to deviate from the planned route
- Carry a mobile phone for use in case of emergency (or arrange for one of the group to have one)
- Carry a survival tent, available for collection from Chepstow, Monmouth or from previous leader
- Carry a basic first-aid kit
- If not meeting the group at CLC, make arrangements for someone to take the group to the start point
- Welcome the group before starting the walk and introduce those walking for the first time; summarise the distance, terrain, food stops and comfort arrangements.
- Check that all members of the group are adequately clothed and appropriately equipped for the walk
- Make sure you know how many there are in the group before you start the walk
- Delegate a back-marker to ensure that gates are closed and that slow walkers are not left behind
- Stop occasionally for the group to catch up, allowing the last walkers to catch their breath before moving off
- Check numbers after each main change of direction
- On summer evening walks, carry a torch

## GUIDELINES FOR MEMBERS ON GROUP WALKS

- The leader decides the route, so you should stay behind him/her
- Always inform the leader or back-marker if you wish to make a comfort stop and drop behind the group
- Always inform the leader if you have to abandon the walk for any reason
- In general, you should avoid using mobile phones during the walk except in cases of emergency
- Dogs are not permitted on LWR walks
- On summer evening walks, it is advisable to carry a torch

## CAR SHARING MILEAGE LEVY

From Chepstow Leisure Centre to Start Point.

Please note that cost sharing of Severn Bridge tolls and car parking fees is extra.

<u>Mileage Levy</u>	<u>Mileage Levy</u>
1–5 £1.00	26–30 £4.00
6–10 £1.50	31–35 £4.50
11–15 £2.00	36–40 £5.00
16–20 £2.80	41–45 £5.50
21–25 £3.50	over 45 £6.00

## LWR COMMITTEE 2015/16

*Chairman:* Jackie Colclough— 07771 596649; jacolclough@gmail.com

*Secretary:* Heather Price— 01291 637416; hprice@tiscali.co.uk

*Treasurer:* Maurice Turner— 01291 423523; m.turner3@btinternet.com

*Membership:* Bill Price —01291 628656; whp81@btinternet.com

*Rambles Programme:* Steve Hunt—01594 529556; steve.hunt100@hotmail.co.uk

*Group Walks Finder:* Jackie Colclough—07771 596649; jacolclough@gmail.com

*Social Events:* John Cottrell—07760 364462; Assisted by jacolclough@gmail.com

*Publicity and Newsletter:* Sharon Sanderson—01594 563404; sharonsanderson1@aol.com

*Footpaths & Path Care:* Allan Thomas—01291 625915; ajt813thomas@mail.com

*Website Manager:* Maurice Turner—01291 423523; m.turner3@btinternet.com

## OTHER USEFUL CONTACTS

*Mon County Council:* Ruth Rourke 01633 644850; rightsofway@monmouthshire.gov.uk

*Glos County Council:* Amey 08000 514514; [gcchighways@amey.co.uk](mailto:gcchighways@amey.co.uk)

*Forest of Dean Ramblers:* Sheila Constable 01452 831868; sheila.footpaths@yahoo.co.uk

*Leaders' Walks Reports are always welcome!  
Please send to Sharon Sanderson for publishing.  
You can email your report to [sharonsanderson1@aol.com](mailto:sharonsanderson1@aol.com)*



**Lower Wye  
Group Walks and Events  
01/10/16 to 31/03/17**

**Part of the Greater Gwent Area**

*Our area is the Lower Wye Valley, extending from Chepstow to Monmouth, an AONB. We also walk in the Royal Forest of Dean, Monmouthshire between the rivers Usk and Wye, the Black Mountains and the Brecon Beacons, sometimes further afield.*

**Please note start locations could be approximate, therefore the walk leader must be contacted if you wish to go directly to the start.**

**CLC is Chepstow Leisure Centre, RS is Raglan School and DRM is Dixton Roundabout Monmouth**

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**Sun 2 October 2016 10:00 - 5.5 miles/8.9 km – Moderate**

**The Wye Valley (Area short walk)**

Starts at 10:00: St Arvans (NP16 6EH, ST519956)

A circular walk taking in Piercefield Park, a section of the Wye Valley Walk, 365 Steps (optional), Eagles Nest, Penterry Church, Gaer Hill and Rogerstone Grange. Unforgettable views of the Wye Valley and the Severn Crossing. Followed by a free buffet lunch.

Meeting point: St Arvans Village Hall at 10:00

Contact: Marion 01291 409868

**Sun 2 October 2016 10:00 - 8 miles/12.9 km – Moderate**

**The Wye Valley (Area long walk)**

Starts at 10:00: St Arvans (NP16 6EH, ST519956)

Walk from St Arvans with wonderful views of the Severn from Gaer Hill. Followed by a free buffet lunch.

Meeting point: St Arvans Village Hall at 10:00

Contact: Jackie 07771596649

**Sun 9 October 2016 10:00 - 8 miles/12.9 km – Moderate**

**Around Malpas**

Starts at 10:00: Malpas (NP20 5QT, ST309904)

One small climb at the start, then downhill and flat all the way.

Meeting point: CLC at 09:30. Alternative meeting point: Yewberry Lane, Malpas, NP20 6WL at 09.55. Mileage to start & Levy: 17 miles £2.80.

Contact: Phil and James 07721433099 or 01633856028

**Sun 16 October 2016 09:45 - 9.5 miles/15.3 km - Strenuous**  
**Forest Coal Pit**

Starts at 09:45: Forest Coal Pit (NP7 7LS, SO285212)

A steep uphill climb to Twyn-y-gaer, an iron age encampment, then ridge walking past the Revenge Stone, Garn wen, Bal Bach and up to Bal Mawr, returning on lower slopes.

Meeting points: CLC at 08:30; RS at 08:55. Mileage to start & Levy: 30 miles £4:00

Contact: Kay 07704107756

**Sun 23 October 2016 09:45 - 8 miles/12.9 km - Moderate Plus**  
**Monmouth and the Kymin**

Starts at 09:45: Monmouth (NP25 3EG, SO504125)

A walk to the Kymin from Monmouth and back using both Offa's Dyke and Wye Valley walks.

Meeting point: CLC at 09:00. Mileage to start & Levy: 17 miles £2.80

Contact: Sue 07808150741

**Sun 30 October 2016 09:35 - 5 miles/8 km - Moderate**  
**Whitebrook Wander: Booklet Walk No 7**

Starts at 09:35: Bigsweir Bridge (NP25 4TS, SO537051)

A varied walk starting at Bigsweir Bridge with ups and downs, visiting Whitebrook and Manor Brook.

Meeting point: CLC at 09:15. Mileage to start & Levy: 11 miles £2.00

Contact: Hilary and David 01291 621680

**Sun 6 November 2016 10:00**  
**Area AGM, Usk Centenary Hall**  
**Walk: 10:00. Meeting: 14:00.**

**Sun 13 November 2016 09:30 - 8 miles/12.9 km - Moderate Plus**  
**Remembrance Sunday Walk**

Starts at 09:30: Goytre Wharf near Llanover (NP7 9EW, SO311063)

Our annual remembrance walk in the Brecons to visit the crash site of 2nd World War aircraft. Will meet up with other groups for a minute's silence. Soup and bun at the Goose and Cuckoo afterwards.

Meeting points: CLC at 08:15; RS at 08:45. Mileage to start & Levy: 25 miles £3.50

Contact: Debbie 07940548730

**Sun 20 November 2016 10:30 - 4 miles/6.4 km - Easy**  
**Speech House and Great Kensley**

Starts at 10:30: Cinderford (GL14 3HU, SO632124)

Short circular, almost level, walk on forest tracks around the Speech House and Great Kensley area of the Forest of Dean.

Meeting point: CLC at 09:45. Mileage to start & Levy: 20 miles £2.80

Contact: Bill 07891521440 or 01291 628656

**Sun 27 November 2016 09:40 - 8.5 miles/13.7 km – Moderate Plus**  
**Striding From St Briavels: Booklet Walk No 9**

Starts at 09:40: St Briavels Castle (GL15 6RG, SO558046)

An energetic walk from the Youth Hostel at St Briavels Castle down the River Wye and returning over St Briavels Common, enjoying fine views across the valley to the Welsh hills.

Meeting point: CLC at 09:15. Mileage to start & Levy: 11 miles £2.00

Contact: Hilary and David 01291 621680

**Sun 4 December 2016 10:00 - 8.5 miles/13.7 km - Strenuous**  
**The Bloreng Mountain**

Starts at 10:00: Llanfoist (NP7 9LE, SO285109)

A hill walk that offers spectacular views with a look at transport routes from two centuries ago.

Meeting points: CLC at 09:00; RS at 09:30. Mileage to start & Levy: 22 miles £3.50

Contact: Steve 07521217537 or 01594 529556

**SAT 10 DECEMBER 2016, 13:00: CHRISTMAS LUNCH AT BEAUFORT HOTEL, CHEPSTOW**

Details to follow.

**Sun 11 December 2016 09:45 - 7 miles/11.3 km - Moderate**  
**Woods, Walls and Water**

Starts at 09:45: Llandogo (NP25 4TN, SO524029)

Booklet walk 8: Whitestone car park to Manor Woods and Cleddon Falls following ancient pathways through woodlands.

Meeting point: CLC at 09:15. Mileage to start & Levy: 6 miles £1.50

Contact: Jackie 07771596649

**Sun 18 December 2016 09:30 - 10 miles/16.1 km – Moderate Plus**  
**Tidenham Chase**

Starts at 09:30: Tidenham Chase (GL15 6PT, ST559994)

Tidenham Chase, Miss Grace's Lane, Beeches Farm and down via Goats Track to Offa's Dyke, Hewelsfield, the Gloucestershire Way, and Devil's Pulpit.

Meeting point: CLC at 09:00. Mileage to start & Levy: 5 miles £1.00

Contact: Sue 07808150741

**Sun 8 January 2017 10:30 - 3 miles/4.8 km – Easy**  
**An easy short circular stroll around Newport Wetlands RSPB Reserve**

Starts at 10:30: Newport Wetlands RSPB (NP18 2DA, ST335834)

A totally flat walk on gritted paths around the reserve, viewing overwintering birds and Severnside views.

Meeting point: CLC at 10:00. Mileage to start & Levy: 20 miles £2.80

Contact: Bill 07891521440 or 01291 628656

**Sun 15 January 2017 10:00 - 7 miles/11.3 km - Moderate**

**Fownhope, Brockhampton and Capler Camp**

Starts at 10:00: Fownhope (HR1 4PQ, SO580342)

A lovely walk around the villages and farms of the Herefordshire countryside. Views of the river, unusual churches.

Meeting points: CLC at 09:00; DR at 09:30. Mileage to start & Levy: 35 miles £4.50

Contact: Sue 07808150741

**Sun 22 January 2017 10:00 - 8.5 miles/13.7 km - Moderate Plus**

**A walk round Llanellan**

Starts at 10:00: Llanellan Village Hall (NP7 9HN, SO301109)

Woodlands, pastures and moorland

Meeting points: CLC at 09:15; RS at 09:45. Mileage to start & Levy: 22 miles £3.50

Contact: Phil and James 07721433099 or 01633 856028

**Sun 29 January 2017 10:00 - 9.5 miles/15.3 km - Strenuous**

**The Skirrid from Llanvihangel Crucorney**

Starts at 10:00: Llanvihangel Crucorney (NP7 8DU, SO326207)

A lengthy, increasingly steep climb to the top of the Skirrid, followed by field paths over undulating ground creating a fairly strenuous walk.

Meeting points: CLC at 09:00; RS at 09:30. Mileage to start & Levy: 26 miles £4.00

Contact: Steve 07521217537 or 01594 529556

**Sun 5 February 2017 10:00 - 6 miles/9.7 km - Moderate**

**Chepstow Park Wood**

Starts at 10:00: Chepstow (NP16 6HL, ST501985)

A walk along open forest roads and woodland paths through three woods with wonderful views over the Severn and to the mountains.

Meeting point: CLC at 09:45. Mileage to start & Levy: 3 miles £1.00

Contact: Jackie 07771596649

**Sun 12 February 2017 10:00 - 10 miles/16.1 km - Moderate Plus**

**Cwmcarn Forest**

Starts at 10:00: Cwmcarn (NP11 7FE, ST228935)

A walk over the hills around the Cwmcarn Forest area taking in the summit of Twmbarllwm and parts of the Raven Walk.

Meeting point: CLC at 09:45. Mileage to start & Levy: 28 miles £4.00

Contact: Sue 07808150741

**Wed 15 February 2017 10:00 - 7 miles/11.3 km - Moderate**

**Len Potter Memorial Walk**

We have been invited by Cardiff Ramblers to participate on a walk in memory of Len Potter in the Little Mill area.

When details of this walk are available, they will be advertised.

**Sun 19 February 2017 09:45 - 9 miles/14.5 km - Strenuous**  
**Llanthony Low and High**

Starts at 09:45: Llanthony (NP7 7NN, SO289278)

From Llanthony Abbey over fields, keeping at low level before a steep climb up Hatterrall Hill to Offa's Dyke Path.

Meeting points: CLC at 08:30; RS at 08:55. Mileage to start & Levy: 30 miles £4:00

Contact: Kay 07704107756

**Sun 26 February 2017 10:00 - 6 miles/9.7 km - Moderate**  
**Redbrook Ramble**

Starts at 10:00: Redbrook (NP25 4LP, SO536099)

Booklet Walk 2: A circular walk up to and around a hilltop parish overlooking the Wye Valley.

Meeting point: CLC at 09:30. Mileage to start & Levy: 15 miles £2.00

Contact: Jackie 07771596649

**Sun 5 March 2017 10:30 - 3 miles/4.8 km - Easy**  
**Around the Awre Peninsula**

Starts at 10:30: Awre (GL14 1EW, SO709080)

Short easy walk around the Awre Peninsula from Awre church, taking in the Severn floodbank path.

Meeting point: CLC at 10:00. Mileage to start & Levy: 22 miles £3.50

Contact: Bill 07891521440 or 01291 628656

**Sun 12 March 2017 10:00 - 7.5 miles/12.1 km - Moderate Plus**  
**Gatcombe, Purton and Blakeney**

Starts at 10:00: Gatcombe (GL15 4AU, SO679054)

Good river views, riverside hamlets and railway remains. A fairly hilly walk across fields and some lanes.

Meeting point: CLC at 09:30. Mileage to start & Levy: 16 miles £2:80

Contact: Steve 07521217537 or 01594 529556

**Sun 19 March 2017 09:45 - 9.5 miles/15.3 km - Strenuous**  
**Crickhowell: The Darren**

Starts at 09:45: Street parking at Darren View (NP8 1DX, SO216191)

Up and around the Darren, then Pen Allt Mawr, Pen Cerrig Calch, Table Mountain and back to start.

Meeting points: CLC at 08:30; RS at 08:55. Mileage to start & Levy: 30 miles £4.00

Contact: Brian 07547325438 (day of the walk) or 01454 880580

**Sun 26 March 2017 10:00 - 10 miles/16.1 km - Strenuous**  
**Gospel Pass and Vale of Ewyas**

Starts at 10:00: Llanthony (HR3 5RJ, SO236351)

A strenuous walk with wonderful views taking in Twmpa, then the ridge along to the Blacksmith's Anvil and down to Capel Y Fin.

Meeting points: CLC at 08:30; RS at 09:00. Mileage to start & Levy: 34 miles £4.50

Contact: Sue 07808150741